

Client: Maison De La France
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FIVE FANTASTIC FOODIE FORAYS

Let your tastebuds lead the way on one of these tempting trips



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PRIMA travel

IN LE TOUQUET-PARIS-PLAGE

Why go? Le Touquet-Paris-Plage is a grand spa town, beloved of British visitors for more than 100 years, with wonderful restaurants and food shops. There's a magnificent beach, amazing architecture and an inviting menu of sporty activities.

What to do To see French food at its most impressive, visit Le Touquet-Paris-Plage's Saturday market. To wander around the stalls laden with beautiful fresh vegetables and fruit, cheeses, fish, crustaceans, cakes, bread and quiches, all displayed with flair and care, is a joy. Your tastebuds will come alive.

■ Explore Le Touquet-Paris-Plage by bike or on foot with an informative guided trail from the tourist office at Place de L'hermitage. There are many splendid quirky houses, mysterious woods and alluring sand dunes, where you can picnic on pâtés and terrines from La Fine Epicerie on Rue de Metz and chocolates from Le Chat Bleu on Rue St Jean.

■ Talented and entertaining chef Jean-Marc Carelle is a Le Touquet native who travelled the globe and brought back eclectic recipes to his shop and restaurant Ricochet. Watch him make a soufflé, whip up mayonnaise and concoct tomato compôte for calamari, then have a go yourself. It's brilliant!

Food and drink Dinner at Les Cimaises in the Westminster Hotel & Spa costs around £25 and includes a huge buffet with oysters and seafood and a spectacular array of French puddings. Visit www.westminster.fr.

■ The delicious set lunch at Ricochet, 49 Rue de Paris, costs around £12 and



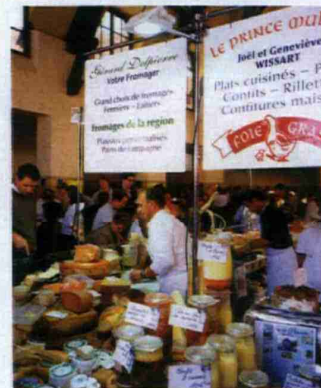
includes dishes demonstrated in the cookery school.

■ For rich French food at around £35 a head, visit Restaurant le Jardin, Place de l'Hermitage. Or for modern French fare in a buzzy atmosphere, try Le Scoop Bistro at 1 Place Hermitage.

The facts Stay at the Hotel Bristol, 17 Rue Jean Monnet, where double rooms are priced at around £80 per night, with breakfast. Visit www.hotelbristol.fr

■ Visit www.letouquet.com for details on the resort and www.pas-de-calais.com for more on the region.

■ P&O Ferries operates 23 daily crossings from Dover to Calais, with day-trip fares from £30 return for a car and up to nine people, and longer stays from £30 each way. Priority Boarding at £12 per vehicle enables you to be first on and off the ferry. The Club Lounge costs £12 per person. Visit www.poferries.com or call 0871 664 6464.



ABOVE TOP: The sandy beach at Le Touquet-Paris-Plage
ABOVE: The region's fabulous market